











WATT'S
FOR LUNCH?
FUEL YOUR DAY WITH A
HEALTHY SCHOOL LUNCH



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Steak and mushroom pie	Creamy chicken and leek pie with a golden pastry top served with mash potatoes	Roast beef, Yorkshire puddings and gravy with crispy roast potatoes	BBQ Chicken and 50/50 rice	Jumbo fish fingers served with chunky chips
Vegetarian Main Dish	Vegetable Frittata	Oriental Quorn Noodles	Roast Quorn fillet with gravy and crispy roast potatoes	Vegetarian Cottage Pie Topped with Mash Potato 	Roasted Mediterranean vegetable calzone 
Accompaniments	Sweetcorn And parsnip 	Carrot batons And broccoli	Cauliflower cheese Braised red cabbage	Green beans And peas	Mushy peas And beans
Street Food	Ham pizza	Chicken Sliders 	Jacket Potato with Cheese or beans 	Cheeseburger	Sweet chilli chicken Kebab 
Italian Daily Special	Chicken Torino Or Basilico	Meatballs in tomato sauce Or Pomodoro	Pasta Arrabiata Or Carbonara	Bolognese Or Tomato & mascarpone	BBQ sausage Or Vegetarian bolognaise
Dessert	Fruit Sponge	Saucy chocolate and orange pudding and custard	blueberry muffin 	Carrot Cake 	Selection of homebakes



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY



- MEAT FREE MONDAY



MENU