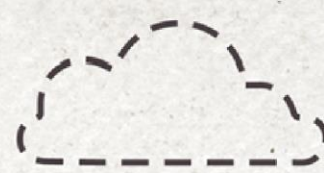












WATT'S
FOR LUNCH?
FUEL YOUR DAY WITH A
HEALTHY SCHOOL LUNCH



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Chicken Korma with pilau rice and cucumber raita	Creamy chicken and leek pie with a golden pastry top served with mash potatoes	Roast beef, Yorkshire puddings and gravy with crispy roast potatoes	BBQ Chicken and rice	Jumbo fish fingers served with chunky chips
Vegetarian Main Dish	Mixed bean and aubergine tagine with couscous	Oriental Quorn Noodles	Roast Quorn fillet with gravy and crispy roast potatoes	Vegetarian Cottage Pie Topped with Mash Potato 	Roasted Mediterranean vegetable calzone 
Accompaniments	Sweetcorn Crispy summer salad	Carrot batons Crispy summer salad	Cauliflower cheese Braised red cabbage Crispy summer salad	Green beans Crispy summer salad	Mushy peas Crispy summer salad
Street Food 	Ham pizza	Greek pork souvlaki in a warm pitta with tzatziki and Greek s 	Jacket Potato with Cheese or beans 	Cheeseburger	Chicken Sliders 
Italian Daily Special	Chicken Torino Or Basilico	Meatballs in tomato sauce Or Pomodoro	Pasta Arrabiata Or Carbonara	Bolognese Or Tomato & mascarpone	BBQ sausage Or Vegetarian bolognaise
Dessert	Rhubarb and custard cake	Saucy chocolate and orange pudding and custard	Apple Cake 	Carrot Cake 	Chocolate and banana slice



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY



- MEAT FREE MONDAY



MENU