



SUBJECT: PE KNOWLEDGE ORGANISER

ACTIVITY: VOLLEYBALL

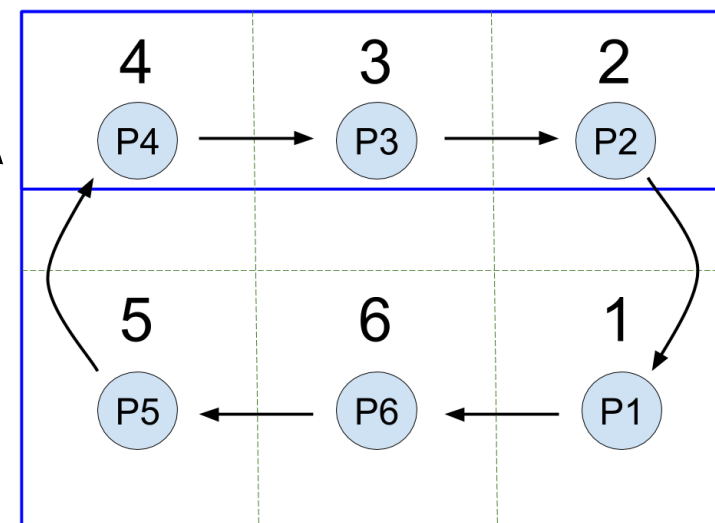
YEAR: 8

TERM: (WINTER) FEBRUARY -APRIL



KEY VOCABULARY

Volley	Playing the ball directly over to the opposition without a pass to a team mate, <b>with increasing consistency that it moves over the net.</b>
Set	Playing the ball with the same technique as the volley, except it goes to a team mate, <b>with increasing consistency that it travels to a team mate.</b>
Dig	Playing the ball below hip height, and aiming to play it up into the air, with increasing consistency <b>that it travels to a team mate.</b>
Underarm serve	Serving the ball underarm into court, <b>with increasing consistency of travelling over the net and landing in court.</b>
Movement on court	To help 3 touch volleyball, moving out of position to keep the ball alive and play 3 touches to get the ball over the net.
Serve rotation	The movement of team mates on the court, this allows all people in the team to serve during a game.



KEY QUESTIONS

When playing the smash what would you expect to see?  
 What do we want to achieve when playing the Set shot?  
 What is the purpose of the dig shot?  
 Where on court would you play the different types of shot, and why?