



SUBJECT: PE KNOWLEDGE ORGANISER

ACTIVITY: RUGBY

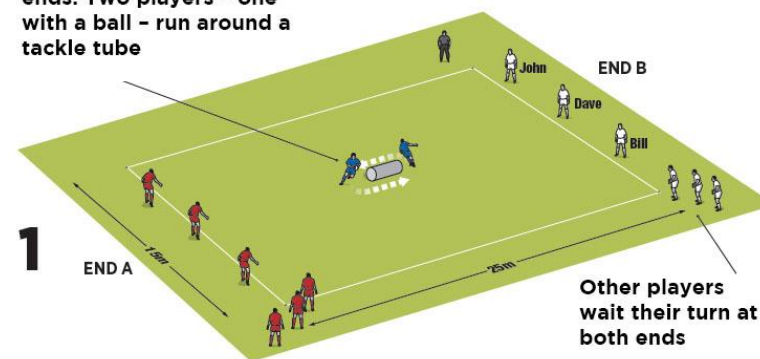
YEAR: 8

TERM: (AUTUMN) SEPTEMBER-OCTOBER

KEY VOCABULARY

Recap passing and handling skills	Passing the ball from one team mate to another, and how the team mate catches or receives the ball when it reaches them. <b>Demonstrating more confidence and performing at speed with less errors.</b>
4 vs 2 Overload	4 Attacking players working against 2 defenders in an overload situation, the attackers draw in the defender for a tackle.
Tackling	This is how the defender tackles the ball carrier to win possession back. <b>Showing greater consistency and adapt the tackle to be successful.</b>
Ruck	A method of recycling the ball after play has broken down, the ball has been taken to the ground due to the tackle.
Maul	A method of recycling the ball after play has broken down, the ball has been held up as the tackle hasn't gone to ground
Attacking/outwitting an opponent	The tactics used to gain an advantage over the opposition. <b>Applying new tactics and adapt to try to score against the opposition or gain an advantage.</b>

Teams of three at both ends. Two players - one with a ball - run around a tackle tube



KEY QUESTIONS

- How do you set up an effective ruck situation?
- How do you set up an effective maul situation?
- Where should you position yourself in a game to be of benefit to the team?
- How can you attack well as a team to beat the opposition?
- How can you set up as a team to defend the try line effectively?

