

Literacy		Literacy	Literacy	Literacy	Literacy
Bowling Development Batting Development Roles of 2 nd and 4 th base fielder Role of Deep fielder Role of Backstop	Bowling Development Batting- Pull shot Batting-Drive shot Fielding techniques <ul style="list-style-type: none"> • One pick up • Recall Long Barrier Forward defensive Wicket Keeping	Running style (100/200m) Introduce pace running 800m/1500M Jumping- Long jump Jumping- High jump Throwing – Shot Putt Throwing - Javelin Throwing – Discus Relay	Slice (Forehand and Backhand) Backhand push (Develop) Forehand push (Develop) Serve (Develop)) Forehand topspin Doubles/Singles play Scoring and Umpiring	Sets Reps Cooper test Development Components of health related fitness Circuits – football specific Boxercise – combinations	Drop shot (recall) Underarm shots Smash (Recall) Introduce net play (kill) Single play tactics Introduce Doubles tactics Umpire Service Line Doubles markings
Assessment / Retention		Assessment / Retention	Assessment / Retention	Assessment / Retention	Assessment / Retention
Practical assessment in: Rounders and Cricket <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15		Practical assessment in: Athletics <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Table Tennis <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Fitness <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Badminton <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15
Cultural Capital		Cultural Capital	Cultural Capital	Cultural Capital	Cultural Capital
Extra-Curricular Activities – Cricket, Rounder's, Athletics and Table Tennis Level 2 competitions against other local schools, this can lead to Level 3 competitions. Fitness clubs are available to maintain personal health and fitness.					

Cross Curricular		Cross Curricular	Cross Curricular	Cross Curricular	Cross Curricular
English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making Maths- Scoring during game scenarios	Maths- Numeracy and time keeping	Maths – numeracy	Maths – numeracy Science- Active parts of the body and effects on the body through exercise.	Maths – numeracy	

KS3 PE Curriculum Map

Year 10+11- Term 2									
Football		Trampolining		Netball		Volleyball		Trampolining	
Pedagogy		Pedagogy		Pedagogy		Pedagogy		Pedagogy	
Knowledge	Skills	Knowledge	Skills	Knowledge	Skills	Knowledge	Skills	Knowledge	Skills
<p>RO52 Be able to use skills and techniques as a team performer. Be able to apply tactics/strategies ideas as a team performer. Be able to officiate in a sport activity, using basic rules Be able to officiate in a sporting activity Be able to apply practice methods to support improvement in a sporting activity R053 Be able to evaluate own performance in delivering a sports activity session</p>	<p>Recall control and turning Shooting development Passing – lofted pass Beating an opponent Defensive tactics Set plays- tactics with width</p>	<p><u>RO52</u> Be able to use skills and techniques as an individual performer. Be able to apply tactics/strategies ideas as an Individual performer Be able to apply practice methods to support improvement in a sporting activity <u>R053</u> Be able to evaluate own performance in delivering a sports activity session</p>	<p>Seat landing progressions Front landing Back landing Combination of skills Somersaults Development time to focus on skills</p>	<p>RO52 Be able to use skills and techniques as a team performer. Be able to apply tactics/strategies ideas as a team performer. Be able to officiate in a sport activity, using basic rules Be able to officiate in a sport activity, using basic rules Be able to apply practice methods to support improvement in a sporting activity R053 Be able to plan sports activity sessions (Create warm up)</p>	<p>Recap types of passing Use of space awareness Attacking principles – zonal play Defending principles – blocking, zonal play Centre pass – tactics Set plays</p>	<p>RO52 Be able to use skills and techniques as a team performer. Be able to apply tactics/strategies ideas as a team performer. Be able to officiate in a sport activity, using basic rules Be able to apply practice methods to support improvement in a sporting activity</p>	<p>Recall volley Recall dig Recall underarm serve and introduce overhead serve Spike Tactics to outwit opposition</p>	<p><u>RO52</u> Be able to use skills and techniques as an individual performer. Be able to apply tactics/strategies ideas as an Individual performer Be able to apply practice methods to support improvement in a sporting activity</p>	<p>Recall of routines to reflect highest skill level Fluency Body shape Tension Reducing Bounces Peer evaluation</p>

Literacy	Literacy	Literacy	Literacy	Literacy
Passing – lofted pass Beating an opponent Defensive tactics Set plays- tactics with width Control and turning (Develop) Shooting (Develop)	Combinations Seat to Front landing Back to front landing EXTENDED SKILLS SOMERSAULTS Front/Back Half/Full Turntable Barani	USE OF SPACE/COURT LINKAGE ATTACKING PRINCIPLES DEFENDING PRINCIPLES TACTICS- CENTRE PASS/WITHIN THE CIRCLE	Overarm serve Dig Set Smash/Spike Service line Block Tactics/Outwitting opposition	Combinations Seat to Front landing Back to front landing EXTENDED SKILLS SOMERSAULTS Front/Back Half/Full Turntable Barani
Assessment / Retention	Assessment / Retention	Assessment / Retention	Assessment / Retention	Assessment / Retention
Practical assessment in: Football <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Trampolining skills <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Netball <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Volleyball <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Trampolining sequence <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15
Cultural Capital	Cultural Capital	Cultural Capital	Cultural Capital	Cultural Capital
Extra-Curricular Activities – Football, Trampolining, Volleyball and Netball Level 2 competitions against other local schools, this can lead to Level 3 competitions.				
Cross Curricular	Cross Curricular	Cross Curricular	Cross Curricular	Cross Curricular
English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making	English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making	English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making Maths – numeracy	English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making Maths – numeracy	English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making Maths – numeracy

KS3 PE Curriculum Map

Year 10+11- Term 3									
Rugby		Hockey		Cricket		Rounder's		Athletics	
Pedagogy		Pedagogy		Pedagogy		Pedagogy		Pedagogy	
Knowledge	Skills	Knowledge	Skills	Knowledge	Skills	Knowledge	Skills	Knowledge	Skills
RO52 Be able to use skills and techniques as a team performer. Be able to apply tactics/strategies ideas as a team performer. Be able to officiate in a sport activity, using basic rules Be able to evaluate own performance in delivering a sports activity session R053 Be able to plan sports activity sessions (Create warm up)	Recall passing and handling skills Recall rucks and mauls Outwitting opponents 5 v 3 Introduce scrum - front row Line outs Kicking	RO52 Be able to use skills and techniques as a team performer. Be able to apply tactics/strategies ideas as a team performer. Be able to officiate in a sport activity, using basic rules Be able to evaluate own performance in delivering a sports activity session R053 Be able to plan sports activity sessions (Create warm up)	Dribbling technique Passing technique Defending/attacking roles Tactics/formations	RO52 Be able to use skills and techniques as a team performer. Be able to apply tactics/strategies ideas as a team performer. Be able to officiate in a sport activity, using basic rules Be able to evaluate own performance in delivering a sports activity session R053 Be able to plan sports activity sessions (Create warm up)	Recall fielding techniques Batting defensive shot Recall drive and pull Wicket keeping Recall bowling technique	RO52 Be able to use skills and techniques as a team performer. Be able to apply tactics/strategies ideas as a team performer. Be able to officiate in a sport activity, using basic rules Be able to evaluate own performance in delivering a sports activity session R053 Be able to plan sports activity sessions (Create warm up)	Recall throwing and catching Bowling development – technique Batting development – backhand slice Fielding roles Positional roles – player dependent Rule focus – 2 bases in front	RO52 Be able to use skills and techniques as an individual performer. Be able to apply tactics/strategies ideas as an Individual performer Can apply rules when taking part in a range of events. Be able to evaluate own performance in delivering a sports activity session R053 Be able to plan an appropriate warm up for the specific event. Can use basic key words to peer evaluate	<u>Track</u> Arm Action and leg action 100m & 200m Pace – 800m & 1500m Relay – tactics <u>Jump</u> Run/Speed – long jump Take off / landing – high jump <u>Throw</u> Grip/Stance/Release Discus Javelin Shot putt

Literacy		Literacy		Literacy		Literacy	
Tackling + Rucking Tackling + mauling 5 v 3 Overload attacking situation Conditioned game 3 man scrum Lineouts Offside Forward pass	Set Plays Positions Formations Attacking principles/Using space Dribbling/Passing/Receiving Defending/Tackling	Bowling Development Batting- Pull shot Batting-Drive shot Fielding techniques <ul style="list-style-type: none"> One pick up Recall Long Barrier Forward defensive Wicket Keeping	Bowling Development Batting Development Roles of 2 nd and 4 th base fielder Role of Deep fielder Role of Backstop	Running style (100/200m) Introduce pace running 800m/1500M Jumping- Long jump Jumping- High jump Throwing – Shot Putt Throwing - Javelin Throwing – Discus Relay			

Knock on				
Assessment / Retention	Assessment / Retention	Assessment / Retention	Assessment / Retention	Assessment / Retention
Practical assessment in: Rugby <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Hockey <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Cricket <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Rounders <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15	Practical assessment in: Athletics <u>Using OCR criteria</u> Pass 0-6 Merit 7-11 Distinction 12-15
Cultural Capital	Cultural Capital	Cultural Capital	Cultural Capital	Cultural Capital
Extra-Curricular Activities – Cricket, Rounder’s and Athletics Level 2 competitions against other local schools, this can lead to Level 3 competitions. Rugby festivals for emerging schools have been set up to encourage participation, dependent on current COVID 19 situation Sale Sharks Rugby initiative will be introduced for pupils.				

Cross Curricular	Cross Curricular	Cross Curricular	Cross Curricular	Cross Curricular
PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making	PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making	English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making Maths- Scoring during game scenarios	English – diction and pronunciation PSHCE – collaboration, communication, team work, shared responsibility, independence and democratic decision making Maths- Scoring during game scenarios	Maths- Numeracy and time keeping