

# Cheshire Autism Practical Support Ltd.

## Introduction to Autism



### What does the programme cover?

"Introduction to Autism" is a 3 hour interactive workshop, designed to:  
Improve awareness of Autistic Spectrum Conditions (ASC), Improve awareness of common problems and Improve problem solving for those working with people with ASC  
The Programme is broken down into three clearly defined phases.

The first hour explains the theory around autism, the second hour gives practical examples of how these affect people. The third hour is used to explore the difficulties / issues that individuals are facing and suggest strategies and ideas that increase awareness and understanding.

The Programme content is a mixture of teaching, discussion and participation. Each point is taught, practical examples given and discussed practically



### Areas of Best Practise

- ✓ The Programme is delivered by highly qualified and experienced practitioners – who have personal association with ASC and as such, are able to provide a realistic and current insight into the issues faced by those with ASC
- ✓ The Programme is delivered as an interactive workshop that includes activities that support the development of knowledge and understanding
- ✓ The Programme is suitable for a wide audience including Professionals who are working with young people and adults with ASC
- ✓ The Programme is flexible and can be delivered with varying levels of detail and content to suit the experience of the Delegates
- ✓ The individual needs of Delegates can be accommodated – with additional resources provided if required
- ✓ There is a robust Internal Quality Assurance monitoring process in place to ensure that the programme meets the required standard – with Learner feedback and bi-annual course reviews contributing to ongoing content development.
- ✓ The Centre provides the tutors contact details as well as the details of a range of external organisations - for ongoing support and guidance
- ✓ A responsive programme designed to meet local, regional & national demand

### How the Programme Changes Lives Through Learning

- ✓ By raising awareness, recognition, knowledge and confidence in working with those with ASC
- ✓ By increasing awareness so that strategies and interventions can be formulated to support those with ASC
- ✓ By developing and improving working practices when supporting those with ASC

