

What to expect?

As with all things in life, knowledge is power and the internet provides us with access to a number of different resources. However, this can also increase the risk of your children accessing something which may not be suitable. Familiarising yourself with the issues you need to help your child to understand comes first and the 3 hour group session will enable you to become more confident digital parents.

You will be greeted in a warm and friendly setting and during the course there will be a variety of activities and discussions which will ultimately help you to use your offline parenting skills and strategies, online. There will be refreshments on arrival and during the break.

The group session is suitable for **all** parents including those with little experience on computers or social media to those with a lot of experience. Parenting in the Digital Age is not a practical course and computers will not be used, the course will be an information/discussion based session, and those at all levels of ability are welcome



The Family Service, Cheshire East, offers support to families living in East Cheshire.

To receive more information about Digital Parenting .

Crewe Family Centre
Crewe Lifestyle Centre
Moss Square
Crewe
CW1 2BB

Telephone: 01270 371 301

The Family Service,
Cheshire East.

Parenting in the Digital Age.

**Parent Zone—
"making the
internet work for
families"**



Parenting in the Digital Age

Parenting in the Digital Age is a 3 hour group session to enable parents to become more confident digital parents and to keep their children safe online.

The Sessions consists of 3 topics —

- Online risk and what makes some places online more risky than others
- Parental controls and settings and helps parents decide which ones, if any, they want to use.
- Using your offline parenting skills and strategies, online.

The course has been written by Parentzone – experts in digital parenting and online safety and members of the Executive Board of the UK Council for Child Internet Safety. It is a voluntary session and is run by accredited staff from The Family Service, Cheshire East.



Parent Feedback

Feedback from the programmes run so far has been really positive. The group setting has generated lots of questions and discussions with parents.

“Very informative and thought provoking.”

“Invaluable information, feel more confident checking settings and putting in restrictions.”

“Liked speaking to other parents about their experiences. “

“Very interesting, relaxing, engaging. Length of session just right.”

“Has helped me a lot and I will put some in place.”



Further Information...

If you would like to find out more, you can:

Telephone the office on 01270 371 301

or

Email via

preventionteam@cheshireeast.gov.uk

or

Discuss directly with your young persons case manager.

We can then discuss the course with you and ensure that it is the most appropriate course for you to attend as well as answer any questions that you may have.

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